

# Longmont Healing Arts Clinic

Barbara Vaelli, ND, LAc  
736 Kimbark Street, Suite A  
Longmont, CO 80501  
(720) 652-9972

## Pediatric Intake Form

Date: \_\_\_\_\_ Child's name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: Male Female

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Daytime Phone Number(s): \_\_\_\_\_

Brothers' and Sisters' names and ages \_\_\_\_\_

Name of Pediatrician: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about our clinic? \_\_\_\_\_

### **HEALTH HISTORY**

Most important health concerns:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_

### **MEDICAL HISTORY**

Chicken pox	Scarlet Fever	Tonsillitis	Frequent Colds
Measles	Pneumonia	Ear infections	Rheumatic Fever
Mumps	Rubella	Strep throat	Mononucleosis
Eczema/Skin Problems	Asthma/Wheezing	Allergies	Croup
Handicaps/Disabilities	Diabetes	ADD	Hyperactivity
Emotional Disorders	Suicide attempts	Heart Defect	High/Low Blood Pressure
Hives	Bleeding gums	Nose bleeds	Sleep problems
Acne	Anemia	Easy bruising	Hearing loss
Flat feet	Loss of appetite	Body/Breath odor	Constipation/Diarrhea
Unusual Fears	Fatigue	Nightmares/terrors	Joint pains
Dental Problems	Bed Wetting	Discipline Problems	Developmental Problems
Eye Problems	Speech Problems	Urinary Problems	Seizures

Other: \_\_\_\_\_

Hospitalizations and/or Surgeries: \_\_\_\_\_

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## MEDICATIONS – prescription and over the counter

Aspirin                      decongestants                      antibiotics  
Tylenol                      anti-histamine                      ibuprofen  
Other: \_\_\_\_\_

## SUPPLEMENTS – vitamins, minerals, herbs, homeopathics

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## ALLERGIES

Please list any allergies and sensitivities to drugs, environment or food:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## VACCINATIONS

Diphtheria	Measles/Mumps/Rubella	Pertussis	Chicken Pox
Polio	Hepatitis B	Pneumococcal	HiB
Tetanus	Influenza	HPV	Other: _____

## FAMILY HISTORY

Please indicate if any family member has/had any of the following:

	Family Member		Family Member
Heart Disease	_____	Diabetes	_____
Birth Defects	_____	Allergies	_____
High Blood Pressure	_____	Arthritis	_____
Tuberculosis	_____	Asthma	_____
Mental Illness	_____	Osteoporosis	_____
Cancer	_____	Depression/Anxiety	_____
Alcoholism/Addictions	_____	Bleeding Disorders	_____

## PRENATAL HISTORY

Mother's age at child's birth: \_\_\_\_\_

Mother's health during pregnancy:

Bleeding	Nausea	Physical Trauma	Emotional Trauma
High Blood Pressure	Low Blood Pressure	Diabetes	Thyroid Problems
Cigarettes, Alcohol, Drug consumption			

Illnesses: \_\_\_\_\_

Medications: \_\_\_\_\_

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## BIRTH HISTORY

Term: full / premature / late      Length of labor: \_\_\_\_\_

Any complications? \_\_\_\_\_

Birth weight: \_\_\_\_\_      Birth length: \_\_\_\_\_

Did your child have any of the following problems shortly after birth?

Rashes                      Birth injuries                      Colic                      Birth Defects

Jaundice                      Seizures                      Cerebral Palsy                      Fever

Other: \_\_\_\_\_

Breast fed? Yes No      How long? \_\_\_\_\_      Formula? Yes No      How long/type? \_\_\_\_\_

Age began solid food: \_\_\_\_\_

## DIET HISTORY

Please describe your child's typical diet:

Breakfast: \_\_\_\_\_

Lunch: \_\_\_\_\_

Dinner: \_\_\_\_\_

Snacks: \_\_\_\_\_

Beverages: \_\_\_\_\_

Any trouble introducing foods? If yes, which foods and what were the difficulties?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Thank You!  
I look forward to working with you and your child  
towards optimal health and well-being!  
~Dr. V.